

Adirondack Sports Complex Baseball & Softball Academy 2022-23 Winter Schedule - Session 1



(** Days and Times may change, based upon final registration numbers.)

Little Rookies (introduction to the game)

Ages	Fee	Group Size Min - Max	Day	Time	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
3-5	\$120.00	6-8	Mon	5:30 - 6:30 PM	11/7	11/14	11/28	12/5	12/12	12/19	1/2	1/9

Fielding & Hitting Clinics (emphasis on fielding)

Ages	Fee	Group Size Min - Max	Day	Time	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
5-8	\$128.00	6-8	Thu	6:30 - 7:30 PM	11/10	11/17	12/1	12/8	12/15	12/22	1/5	1/12
9-11	\$128.00	6-8	Tue	6:30 - 7:30 PM	11/8	11/15	11/29	12/6	12/13	12/20	1/3	1/10
12+	\$128.00	6-8	Tue	7:30 - 8:30 PM	11/8	11/15	11/29	12/6	12/13	12/20	1/3	1/10

Hitting Clinics

Ages	Fee	Group Size Min - Max	Day	Time	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
8-12	\$128.00	6-8	Wed	6:30 - 7:30 PM	11/9	11/16	11/30	12/7	12/14	12/21	1/4	1/11
13+	\$128.00	6-8	Wed	7:30 - 8:30 PM	11/9	11/16	11/30	12/7	12/14	12/21	1/4	1/11

Baseball Pitching Clinics

Ages	Fee	Group Size Min - Max	Day	Time	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
9-12	\$128.00	4-6	Tue	5:30 - 6:30 PM	11/8	11/15	11/29	12/6	12/13	12/20	1/3	1/10
13+	\$128.00	4-6	Thu	7:30 - 8:30 PM	11/10	11/17	12/1	12/8	12/15	12/22	1/5	1/12

Softball Pitching Clinic

Ages	Fee	Group Size Min - Max	Day	Time	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
8-12	\$128.00	4-6	Thu	5:30 - 6:30 PM	11/10	11/17	12/1	12/8	12/15	12/22	1/5	1/12

Catching Clinic

Catching Clinic: by appointment only - private lesson rates - \$35/30min., \$60/60 min. or package rates. Please call for more details and availability.

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