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Session 1:
Nov. 7, 2022 - Jan. 12, 2023

Session 2:
Jan. 16, 2023 - March 17, 2023

Academy Training

Learn the fundamentals of baseball and softball from a professional instructor.

Academy Training Divisions:

Little Rookies:

3-5 yrs - Mon.

Fielding & Hitting:

5-8 yrs - Thur., 9-11 yrs - Tue.,
12+ yrs - Tue.

Hitting:

8-12 yrs - Wed., 13+ yrs - Wed.

Baseball Pitching:

9-12 yrs - Tue., 13+ yrs - Thur.

Softball Pitching:

9+ yrs - Thur.
(Session 1: by appointment)

Catching:

8-12 years - by appointment

- 8 week per session
- 1 day per week / 1 hour per day
- Facility ID & Photo required
- See detailed schedule of dates and times on the Academy Flyer on the website.

(** **Days and Times** for any and all age groups may change based upon final registration numbers.)

Register online through your DASH account or at the Dome office.

www.adksc.com

743-1086



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