

L A C R O S S E

BOYS TRAINING



January 16 - March 6, 2022

The Lacrosse Academy will focus on player development through individual skill training, and small game concepts and strategies.

Grades 5-8

- Sundays
- 6:30-7:30pm
- 6 sessions
- \$93 per player
- Enrollment is limited

Grades 9-12

- Sundays
- 7:30-8:30pm
- 6 sessions
- \$93 per player
- Enrollment is limited

Actual Training Dates

Jan. 16, 23, 30,
Feb. 6, 27, March 6
(no training Feb. 13 or 20)

The Lacrosse Academy training sessions will be run by Coach Malison and the coaches of the Mountain Men Lacrosse. Check the Lacrosse page on our website for more information.

Register online through your DASH account.

Current ADKSC Waiver and Facility ID required

www.adksc.com



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