

B A S E B A L L



Session 1:
Oct. 19 - Dec. 18, 2020

Session 2:
Dec. 28, 2020 - Feb. 26, 2021



S O F T B A L L

Academy Training

Learn the fundamentals of baseball and softball from a professional instructor.

Academy Training Divisions:

Little Rookies:

3-5 years

Fielding & Hitting:

5-8 years, 9-11 years, 12+ years

Hitting:

8-12 years, 13+ years

Baseball Pitching:

9-12 years, 13+ years

Softball Pitching:

9+ years

(Session 1: private lessons only)

Catching:

8-12 years

- 8 week per session
- 1 day per week / 1 hour per day
- Facility ID & Photo required
- See detailed schedule of dates and times on the Academy Flyer on the website.

(** **Days and Times** for any and all age groups may change based upon final registration numbers, especially as a result of possible changes related to COVID-19)

Register online through your DASH account or at the Dome office.

www.adksc.com

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