

**Adirondack Sports Complex  
Baseball & Softball Academy  
2019-20 Winter Schedule - Session 2**



**Little Rookies (introduction to the game)**

Ages	Fee	Group Size Min - Max	Day	Time	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
3-5	\$100.00	6-8	Wed	5:30 - 6:30 PM	1/15	1/22	1/29	2/5	2/12	2/26	3/4	3/11

**Fielding & Hitting Clinics (emphasis on fielding)**

Ages	Fee	Group Size Min - Max	Day	Time	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
5-8	\$120.00	6-8	Thur	6:30 - 7:30 PM	1/16	1/23	1/30	2/6	2/13	2/27	3/5	3/12
9-11	\$120.00	6-8	Tue	6:30 - 7:30 PM	1/14	1/21	1/28	2/4	2/11	2/25	3/3	3/10
12+	\$120.00	6-8	Tue	7:30 - 8:30 PM	1/14	1/21	1/28	2/4	2/11	2/25	3/3	3/10

**Hitting Clinics**

Ages	Fee	Group Size Min - Max	Day	Time	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
8-12	\$120.00	6-8	Wed	6:30 - 7:30 PM	1/15	1/22	1/29	2/5	2/12	2/26	3/4	3/11
13+	\$120.00	6-8	Wed	7:30 - 8:30 PM	1/15	1/22	1/29	2/5	2/12	2/26	3/4	3/11

**Baseball Pitching Clinics**

Ages	Fee	Group Size Min - Max	Day	Time	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
9-12	\$120.00	4-6	Tue	5:30 - 6:30 PM	1/14	1/21	1/28	2/4	2/11	2/25	3/3	3/10
13+	\$120.00	4-6	Thur	7:30 - 8:30PM	1/16	1/23	1/30	2/6	2/13	2/27	3/5	3/12

**Softball Pitching Clinics**

Ages	Fee	Group Size Min - Max	Day	Time	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
9+	\$120.00	4-6	Thur	5:30 - 6:30 PM	1/16	1/23	1/30	2/6	2/13	2/27	3/5	3/12

**Catching Clinic**

Catching Clinic: Session 1: by appointment only - private lesson rates - \$30/30min, \$55/60 min. or package rates. Please call for more details and availability.