

**Adirondack Sports Complex  
Baseball & Softball Academy  
2019-20 Winter Schedule - Session # 1**



(518) 743-1086 fax 743-1247

<b>Little Rookies (introduction to the game)</b>												
Ages	Fee	Group Size Min - Max	Day	Time	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
3-5	\$100.00	6-8	Wed	5:35 - 6:30 PM	11/6	11/13	11/20	12/4	12/11	12/18	1/1	1/8

<b>Fielding &amp; Hitting Clinics (emphasis on fielding)</b>												
Ages	Fee	Group Size Min - Max	Day	Time	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
5-8	\$120.00	6-8	Thu	6:35 - 7:30 PM	11/7	11/14	11/21	12/5	12/12	12/19	1/2	1/9
9-11	\$120.00	6-8	Tue	6.35 -7:30 PM	11/5	11/12	11/19	12/3	12/10	12/17	12/31	1/7
12+	\$120.00	6-8	Tue	7:35 - 8:30 PM	11/5	11/12	11/19	12/3	12/10	12/17	12/31	1/7

<b>Hitting Clinics</b>												
Ages	Fee	Group Size Min - Max	Day	Time	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
8-12	\$120.00	6-8	Wed	6:35 - 7:30 PM	11/6	11/13	11/20	12/4	12/11	12/18	1/1	1/8
13+	\$120.00	6-8	Wed	7:35 - 8:30 PM	11/6	11/13	11/20	12/4	12/11	12/18	1/1	1/8

<b>Baseball Pitching Clinics</b>												
Ages	Fee	Group Size Min - Max	Day	Time	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
9-12	\$120.00	4-6	Tue	5:35 - 6:30 PM	11/5	11/12	11/19	12/3	12/10	12/17	12/31	1/7
13+	\$120.00	4-6	Thu	7:35 - 8:30 PM	11/7	11/14	11/21	12/5	12/12	12/19	1/2	1/9

<b>Softball Pitching Clinic</b>												
Ages	Fee	Group Size Min - Max	Day	Time	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
8-12	\$120.00	4-6	Thu	5:35 - 6:30 PM	11/7	11/14	11/21	12/5	12/12	12/19	1/2	1/9

<b>Catching Clinic</b>												
Catching Clinic: Session 1: by appointment only - private lesson rates - \$30/30min, \$55/60 min. or package rates. Please call for more details and availability.												