

ADIRONDACK SPORTS COMPLEX

BASEBALL/SOFTBALL PRIVATE LESSON PACKAGES





PACKAGES	1 Hour Lesson	30 MINUTE LESSON	DISCOUNT	BATTING CAGE TOKENS
5 Lessons	\$270.00	\$157.50	10% savings	10 Free
10 Lessons	\$510.00	\$297.50	15% savings	15 Free
15 Lessons	\$720.00	\$420.00	20% savings	20 Free
20 Lessons	\$900.00	\$525.00	25% savings	25 Free

- · Punch cards will be used to distribute tokens
- Individual lesson price will not be applied toward purchase of package
- · Payment in full required upon registration
- · Instruction available:
 - Weekday afternoons/evenings
 - · Sunday afternoon/evening
- Group Lessons: \$95/hour
- 2, 3 or 4 players of approximately the same age or skill level
- Substitutes may be used to fill spots of absent participants. They must register at the Dome office prior to the substitution. There are no individual makeup lessons for players who are absent.

Team Packages: \$190/hour

- No more than 15 players of approximately the same age or skill level
- Substitutes may be used to fill spots of absent participants. They must register at the Dome office prior to the substitution. There are no individual makeup lessons for players who are absent.

Instructor: John Wong - graduated from SUNY Cortland with a degree in Physical Education. John returns to the Dome as an instructor for a seventh year.

Softball Experience: John has 20+ years of fastpitch softball coaching experience, including nine years at the NCAA Division I level. He was voted 2000 Patriot League Coach of the Year and helped guide Harvard University to its first Ivy League Championship in '98. In addition to John's collegiate experience, he has also coached at the high school and 18u travel ball levels. John served as the Director of Fastpitch Softball at Frozen Ropes – Albany, where is also worked as a softball / baseball instructor.



Baseball Experience: John has been coaching youth baseball for over 20 years. He is the former Baseball Program Director and Lead Baseball Instructor for the City of Oneonta Recreation Department. He worked as a baseball / softball instructor at Frozen Ropes – Albany, conducting private lessons, classes, and camps. John played seven years of semi-professional baseball. John is currently pursuing his Cal Ripken / Babe Ruth Baseball coaching certification.

Contact the Dome office for availability or to schedule a lesson. 518-743-1086

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1 Hour Lesson: \$60

30 Minute Lesson: \$35