

**Adirondack Sports Complex
Baseball & Softball Academy
2009-10 Winter Schedule - Session # 2**



Fielding & Hitting Clinics (emphasis on Fielding)

Clinic #	Ages	Fee	Group Size Min - Max	Day	Time	Week	Week	Week	Week	Week	Week	Week
						1	2	3	4	5	6	7
1	5-8	\$110	8-12	Tue	6:30 - 7:30 PM	12-Jan	19-Jan	26-Jan	2-Feb	9-Feb	23-Feb	2-Mar
2	8-11	\$110	6-8	Tue	6:30 - 7:30 PM	12-Jan	19-Jan	26-Jan	2-Feb	9-Feb	23-Feb	2-Mar
3	12+	\$110	6-8	Wed	7:30 - 8:30 PM	13-Jan	20-Jan	27-Jan	3-Feb	10-Feb	24-Feb	3-Mar

Hitting Clinics

Clinic #	Ages	Fee	Group Size Min - Max	Day	Time	Week	Week	Week	Week	Week	Week	Week
						1	2	3	4	5	6	7
4	9-12	\$110	6-8	Wed	6:30 - 7:30 PM	13-Jan	20-Jan	27-Jan	3-Feb	10-Feb	24-Feb	3-Mar
5	12-14	\$110	6-8	Mon	6:30 - 7:30 PM	11-Jan	18-Jan	25-Jan	1-Feb	8-Feb	22-Feb	1-Mar
6	15+	\$110	6-8	Mon	7:30 - 8:30 PM	11-Jan	18-Jan	25-Jan	1-Feb	8-Feb	22-Feb	1-Mar

Baseball Pitching Clinics

Clinic #	Ages	Fee	Group Size Min - Max	Day	Time	Week	Week	Week	Week	Week	Week	Week
						1	2	3	4	5	6	7
7	9-12	\$110	6-8	Thu	6:30 - 7:30 PM	14-Jan	21-Jan	28-Jan	4-Feb	11-Feb	25-Feb	4-Mar
8	12-14	\$110	6-8	Thu	7:30 - 8:30 PM	14-Jan	21-Jan	28-Jan	4-Feb	11-Feb	25-Feb	4-Mar
9	15+	\$110	8-Jun	Thu	7:30 - 8:30 PM	14-Jan	21-Jan	28-Jan	4-Feb	11-Feb	25-Feb	4-Mar

Softball Pitching Clinics

Clinic #	Ages	Fee	Group Size Min - Max	Day	Time	Week	Week	Week	Week	Week	Week	Week
						1	2	3	4	5	6	7
10	9-12	\$110	6-8	Tue	7:30 - 8:30 PM	12-Jan	19-Jan	26-Jan	2-Feb	9-Feb	23-Feb	2-Mar
11	13 +	\$110	6-8	Tue	7:30 - 8:30 PM	12-Jan	19-Jan	26-Jan	2-Feb	9-Feb	23-Feb	2-Mar

Catching Clinic

Clinic #	Ages	Fee	Group Size Min - Max	Day	Time	Week	Week	Week	Week	Week	Week	Week
						1	2	3	4	5	6	7
12	All	\$110	6-8	TBD	Based on Demand							