

**Adirondack Sports Complex  
Baseball & Softball Academy  
2009-10 Winter Schedule - Session # 1**



Fielding & Hitting Clinics (emphasis on Fielding)												
Clinic #	Ages	Fee	Group Size Min - Max	Day	Time	Week	Week	Week	Week	Week	Week	Week
						1	2	3	4	5	6	7
1	5-8	\$110	8-12	Tue	6:30 - 7:30 PM	10-Nov	17-Nov	24-Nov	1-Dec	8-Dec	15-Dec	22-Dec
2	8-11	\$110	6-8	Tue	6:30 - 7:30 PM	10-Nov	17-Nov	24-Nov	1-Dec	8-Dec	15-Dec	22-Dec
3	12+	\$110	6-8	Wed	7:30 - 8:30 PM	11-Nov	18-Nov	25-Nov	2-Dec	9-Dec	16-Dec	23-Dec

Hitting Clinics												
Clinic #	Ages	Fee	Group Size Min - Max	Day	Time	Week	Week	Week	Week	Week	Week	Week
						1	2	3	4	5	6	7
4	9-12	\$110	6-8	Wed	6:30 - 7:30 PM	11-Nov	18-Nov	25-Nov	2-Dec	9-Dec	16-Dec	23-Dec
5	12-14	\$110	6-8	Mon	6:30 - 7:30 PM	9-Nov	16-Nov	23-Nov	30-Nov	7-Dec	14-Dec	21-Dec
6	15+	\$110	6-8	Mon	7:30 - 8:30 PM	9-Nov	16-Nov	23-Nov	30-Nov	7-Dec	14-Dec	21-Dec

Baseball Pitching Clinics												
Clinic #	Ages	Fee	Group Size Min - Max	Day	Time	Week	Week	Week	Week	Week	Week	Week
						1	2	3	4	5	6	7
7	9-12	\$110	6-8	Thu	6:30 - 7:30 PM	12-Nov	19-Nov	21-Nov	3-Dec	10-Dec	17-Dec	31-Dec
8	12-14	\$110	6-8	Thu	7:30 - 8:30 PM	12-Nov	19-Nov	21-Nov	3-Dec	10-Dec	17-Dec	31-Dec
9	15+	\$110	8-Jun	Thu	by appt. call 743-1086							

Softball Pitching Clinics												
Clinic #	Ages	Fee	Group Size Min - Max	Day	Time	Week	Week	Week	Week	Week	Week	Week
						1	2	3	4	5	6	7
10	9-12	\$110	6-8	Tue	7:30 - 8:30 PM	10-Nov	17-Nov	24-Nov	1-Dec	8-Dec	15-Dec	22-Dec
11	13 +	\$110	6-8	Tue	7:30 - 8:30 PM	10-Nov	17-Nov	24-Nov	1-Dec	8-Dec	15-Dec	22-Dec

Catching Clinic												
Clinic #	Ages	Fee	Group Size Min - Max	Day	Time	Week	Week	Week	Week	Week	Week	Week
						1	2	3	4	5	6	7
12	All	\$110	6-8	TBD	Based on Demand							